

# Artis Recline

POWER	UNITY
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## End user comfort and convenience

Ergonomic handlebar for easy access	yes
Wide walk through	yes: 50 cm (19,5 in) width
Step over height	105 mm (4,2 in)
Fast Track Control for level adjustment with Visual Setup	yes
Calorie Coach	yes
Number of seat positions	34
Seat height step	12,5 mm (0,5 in)
4 positions adjustable backrest	yes
Backrest adjustment angles (each)	4,7°
Minimum - maximum backrest adjustment angles	77,5° - 63,5°
Smart pedals	yes
Easy entry pedals	yes
Integrated reading rack	yes
Water bottle holder and accessory tray	yes
Ergonomically optimized dashboard	yes

## Structural Specifications

Dimensions (LxWxH)*	1670 x 600 x 1370 mm (65,7 x 23,6 x 53,9 in)
Weight	98 kg (215,6 lbs)

## Technical Specifications and Performance

Max user weight:	220 kg (484 lbs)
User height:	140 - 205 cm (4,6 - 6,7 ft)
Difficulty levels:	1 - 25
Minimum resistance at 40 RPM (Watts)	30
Maximum resistance at 120 RPM (Watts)	488
HDMI IN/OUT	Yes***
Wireless Charger	yes



## Electrical Specifications

Power requirement	100 - 240V $\pm$ 10% 50 - 60Hz
Power generated (peak):	330 W

## Exergaming

Virtual Outdoor Courses	yes
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## Workout options

Classic workout programs	1 - Quick Start
Goal driven workout programs	3 - Time Calories Distance
Goal Oriented Routines	3 - Legs, Stamina, Lose Weight
Heart rate driven workout programs	3 - CPR - CHR Weight loss Training zone
Profile workout programs	Create your own 6 Profiles
On-trend workout programs	4 - Hills Hi-low blocks Burn out Cross training
Sub maximal tests	Fitness Test Smart Test Borg 15 Fit Test
Military tests	Air Force PRTN Navy PRT
Languages available	24 - UK English, US English, Italian, German, Spanish, French, Dutch, Portuguese, Japanese, Chinese, Chinese simplified, Russian, Turkish, Danish, Arabic, Norwegian, Swedish, Finnish, Korean, Israeli, Catalan, Polish, Thai, Welsh
User defined language selection	yes
Goal Oriented Display	yes

## Heart rate monitor

Telemetry	yes**
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Hand Sensors	yes
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### Utilities

Easy and quick access to compartments	yes
mywellness connectivity	yes - Keyreader, NFC, Bluetooth Smart®, QR code and Apple Watch®
Apple® GymKit compatibility	yes
Built-in wheels at the front for easy transport	yes
Built-in adjustable feet	yes
Remote software update	yes: by Asset Management
USB Port	yes

### Certifications

UL Mark:	yes
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\* Length x Width x Height from workout position

\*\* Chest band not included

\*\*\* Optional kit to be purchased