## **ENCOMPASS™**

## ELEVATE



## **ENCOMPASS SPECIFICATIONS**

IN USE 106" x 38' x 57" [L/W/H] (2.69 m x 0.96 m x 1.45 m)

**FOLDED** 20" x 38" x 57" [L/W/H]

(0.51 m x 0.96 m x 1.45 m)

**UNIT WEIGHT** 180 lbs (81.65 kg)

**RAIL** Steel reinforced extruded

**CONSTRUCTION** aluminum rails

**RESISTANCE** 1% to 62% of bodyweight

**LEVELS** 22 calibrated incline levels,

with release lever to lock rails

into place

**SQUAT STAND** Three height levels

**STORAGE** Hydraulic lift assists folding;

Rolls upright when folded

**USER HEIGHT** Up to 6'10" (2.1 m)

**CAPACITY** Maximum total 650 lbs (295 kg)

User weight 350 lbs (160 kg)

**WARRANTY** Frame: 5 years

Parts & Upholstery: 1 year Foam & Rubber: 90 days Encompass<sup>™</sup> now part of our ELEVATE series and is the award-winning equipment anchor for GRAVITY®, the time-efficient, personal training, group fitness and Pilates program that is generating excitement and new revenue in commercial facilities around the world.

- 1. Adjustable glideboard promotes optimal spinal alignment and training variations.
- 2. Automatic rail locks allow for explosive plyometric jumping.
- **3.** Hydraulic rail lift assists level changes and easy two-step folding.
- **4.** Multiple center-pulley attachment positions double arm-cable load and increases lower extremity ROM.
- **5.** LAT bars promote line-of-pull precision for arm-cable exercises.
- **6.** Now comes with Retractable Dip Bars included on unit. Strength and Pilates Packages available for purchase. Individual accessories for purchase include: SCRUNCH®, Press Bar, Weight Bar, 3Grip Pull-up Bar, Dynamic Leg Pulley System, Telescoping Toe Bar, Leg Pulley System, Slide Distance Regulator and Standing Platform.

